

HEADSTART: READING LIST

- The Founders Mentality - Chris Zook & James Allen
- Principles - Ray Dalio
- The One Minute Millionaire - Mark Victor Hansen
- Money, Master the Game - Tony Robbins
- Unshakeable - Tony Robbins
- Exponential Organisations - Salim Ismail
- Radical Candor - Kim Scott

FINANCES & BUSINESS

- Willpower Doesn't Work - Ben Hardy
- So Good They Can't Ignore You - Cal Newport
- Slipstream Time Hacking - Ben Hardy
- The 4-Hour Workweek - Timothy Ferriss
- The Art of Learning - Josh Waitkin
- Measure what Matters - John Doerr

PERFORMANCE

- Essentialism: The Disciplined Pursuit of Less - Greg McKeown
- Daring Greatly - Brene Brown
- Mindfulness - Ellen J Langer
- Relentless - Tim S Grover
- Antifragile - Nassim Nicholas Taleb
- Letting Go - David R Hawkins
- The Compound Effect - Darren Hardy

MINDSET

- Hold on to Your Kids - Gordon Neufeld
- Getting the Love You Want - Harville Hendrix
- Molecules of Emotion - Candace Pert
- How to Win Friends & Influence People - Dale Carnegie
- The Charisma Myth - Olivia Fox Cabane

RELATIONSHIPS

- The Alchemist - Paulo Coelho
- The Art of Exceptional Living - Jim Rohn
- The Body Keeps the Score - Bessel van der Kolk
- Psycho-Cybernetics - Maxwell Maltz
- Breaking the Habit of Being Yourself - Dr Joe Dispenza
- Thinking Fast & Slow - Daniel Kahneman
- The Blank Slate - Steven Pinker

PSYCHOLOGY